

Substance Abuse and Addiction



Support Families

Dr. Joanne Baum
Handling the Hard Stuff

A Personalized Recovery Plan

We will develop a personalized recovery plan to fit your situation and schedule. We can use a variety of strategies including: traditional talk therapy, the 12 step model, Brainspotting, Comprehensive Resource Model (CRT), Family Systems, Cognitive Behavioral Therapy, Mindfulness, Meditation, Non-Violent Communication, Respectful Parenting, and others as needed.

TRAUMA, ADDICTION, RECOVERY

Unresolved trauma often contributes to drug or alcohol use and relapses. Dr. Baum provides a variety of therapies for resolving trauma, and substituting new mindful responses for old emotional reactivity to help assure continued sobriety.

*You can get help handling
the hard stuff.*

Call Dr. Joanne Baum at 303.670.3948
or email drjobaum@gmail.com
for an appointment.

Joanne Baum, PhD, is a Licensed Clinical Social Worker and Level III Certified Addictions Counselor. After her tenure as Clinical Director of the Haight-Ashbury Free Medical Clinic Detox Project from 1981-1983, she entered private practice. Joanne trains professionals and community groups and has written four books including two on substance abuse: **The Truth About Pot** and **One Step Over The Line: Recognizing and Treating Cocaine Dependency**. Joanne is currently traveling the country in a Fifth Wheel RV and working with people via HIPAA compliant Telemental Health Services.

Additional Services Offered

- Brainspotting/Comprehensive Resource Model (CRT)
- Divorce Coaching And Co-Parenting
- Trauma Work
- Marriage Counseling
- Respectful Parenting

Joanne Baum PhD, LCSW, CAC III
Specializing in HIPAA Compliant Systems
for Telemental Health Sessions
303.670.3948 • drjobaum@gmail.com

Evaluations

Consultations

Interventions

Recovery from Codependence

Trauma Work

Individualized Continuing Care

Relapse Prevention